



# Preparing for Your Cataract Surgery

## Eye Drops

### Beginning Three Days Prior To Surgery

To help prepare your eye for cataract surgery you will receive **3 prescriptions**.

These eye drops help prevent infection and minimize inflammation. Use these medications **starting 3 days prior to surgery** as follows:



#### Tan Top (Vigamox)

Place one drop in the eye that will have surgery  
**4 times daily**



#### Grey Top (Acular)

Place one drop in the eye that will have surgery  
**4 times daily**



#### Pink or White Top (Pred Forte)

Place one drop in the eye that will have surgery  
**4 times daily**

**\*\*\*Separate each drop by 3 - 5 minutes\*\*\***



# Preparing for Your Cataract Surgery

## The Night Before Surgery

To help prevent vomiting from anesthesia DO NOT eat or drink anything after midnight.

## Pre-surgery Checklist

- ✓ Take Morning medications with a sip of water (only if instructed to do so).
- ✓ Wear loose fitting clothing.
- ✓ DO NOT wear nail polish, make-up or jewelry.
- ✓ DO NOT bring valuables or money.
- ✓ Bring all of your medications that you are currently taking with you to surgery.
- ✓ Bring your insurance card and photo identification with you.
- ✓ Be sure an adult accompanies you to the surgery who can drive you home and be available for 24 hours following surgery.

## During Your Cataract Surgery

- Most cataract surgery is performed with IV anesthesia and numbing eye drops.
- You may feel slight pressure during surgery, but you should not experience any discomfort or pain. If you feel pain or become nauseated during surgery, let the surgeon know so they can make adjustments to make you more comfortable.
- Following surgery, you will spend a short period of time in the recovery area.
- Before leaving the surgery center you will receive an appointment to see your surgeon the following morning.



# After Your Cataract Surgery

## What to Expect After Cataract Surgery

- If you experience discomfort or pain following cataract surgery, Tylenol can be used as directed for relief. If you are unable to use Tylenol for any reason your usual pain reliever is ok to use following surgery.
- You may experience blurry vision for a few days (even up to 1 week) following cataract surgery. This is normal and will resolve as the eye recovers from the surgery.
- You can expect some mild redness following cataract surgery which typically clears in a few days.
- You may also notice that the pupils are unequal in size following cataract surgery. This is normal and expected for a few days following surgery.

## Call Kernersville Eye Surgeons Immediately if you experience any of the following:



- **Sudden decrease in vision**
- **Increase in redness**
- **Increase in discharge from the eye**
- **Sudden gush of fluid from the eye**
- **Persistent pain not relieved by Tylenol**

**During Business Hours 8am to 5pm Monday through Friday call 336-992-9637**

**After Hours call 336-992-9637 and hold for the operator to reach the doctor on call.**



# After Your Cataract Surgery

## Eye Drops After Surgery

These eye drops help prevent infection and minimize inflammation. Use these medications after surgery as follows:

### Days 1-14



#### Tan Top (Vigamox)

Place one drop in the eye that had surgery  
**4 times daily**



#### Grey Top (Acular)

Place one drop in the eye that had surgery  
**4 times daily**



#### Pink or White Top (Pred Forte)

Place one drop in the eye that had surgery  
**4 times daily**

### After 14 Days

#### Tan Top (Vigamox)

**Stop** using the tan top drop after 14 days.

#### Grey Top (Acular)

**Stop** using the grey top drop after 14 days.

#### Pink or White Top (Pred Forte)

Decrease to one drop in the eye that had surgery **2 times daily** until the bottle is empty then stop.

## Restrictions After Surgery:

### DO:

- Take normal baths or showers (but avoid getting water in the eye)
- Wear your eye shield at night while sleeping for 7 days
- Wear the sunglasses provided in your kit or your own glasses during the day to protect your eye

### DO NOT:

- Get shampoo, water, or sweat in your eye for 7 days
- Rub your eyes
- Perform yard work or work in dusty environments for 7 days
- Engage in strenuous activity for 7 days
- Lift anything more than 10 pounds for 7 days
- Bend over or strain for 7 days